



CUIDAR for Attention and Learning

COPE: A FREE 10-session parenting skills course

- Many research studies have shown that children with behavior and attention problems, such as difficulty sitting still, poor listening skills, aggression, and distractibility, do less well in school than their peers.
- It is important to identify and prevent these problems at an early age to improve your child's ability to perform well in school.
- If you are concerned that your preschool-aged child (3-5 years) may have attention and/or behavior problems, we have a program for you.
- This course uses active, small-group discussions to help you identify your goals for parenting and improve your parenting skills.

Upcoming Schedule for Winter 2010 COPE 10-Week Courses

Children's Hospital Orange County, Orange <i>Tuesdays, January 19th to March 23rd</i>	6:30 to 8:30 pm
Veeh Elementary, Tustin <i>Wednesdays, January 20th to March 24th</i>	6:30 to 8:30 pm
Clinton Corner Family Campus, Garden Grove <i>Wednesdays, January 20th to March 24th</i>	6:30 to 8:30 pm
Irvine Unified School District <i>Thursdays, January 21st to March 25th</i>	6:30 to 8:30 pm

Call Shahrzad at (949) 824-2462

for information on classes and to enroll

Enrollment is limited – call now!